

Kaedi ya buka ya morutwana










Ba ithuta ka ga naga ya bona. Ba dirisa ditemosi tsa pono, kutlo, motsamao wa mmele, mafoko le dithusathuto go oketsa bokgoni jwa bona jwa tlhologanyo le monagano. Go ithuta go go okeletswa pele ke tiriso e e tshwanetseng ya dithusathuto tse di dirisiwang ke morutabana. Dithusathuto gape di thusa barutwana go tokafatsa mogopolo wa bone le go gakologelwa dikgopolo tse di ithutilweng. Ditlhamane, merumo le dikgangkutshwe di thusa barutwana mo karolong e e amanang le tlhologanyo le kakanyo. Barutwana ba tswelela go thusiwa ke go tlotlwa ga dikgang tse mo go medumopuo le mafoko a agang tlotlofoko ya bona. Go botlhokwa go thusa barutwana mo ditaelo di sa tlhologanngwang sentle teng, bogolosegolo ka dithuto di le mmalwa tsa ntlha. Morutabana o rotloediswa go tlamela ka dithusathuto tse di maleba go tokafatsa tsela ya gagwe ya go ruta. Ditšhate le ditshwantsho le tsone di a thusa gore a thuto e atlega le go nna le boleng.

Gakologelwa: Dikgono tse di botlhokwa tsa go buisa le tsa go kwala ke tse di latelang:

1. Thutomedumopuo (motsamao wa mmele, diatla, maoto, ditshwantsho, matshwao, jalo jalo).
2. Go lemoga medumo e e rileng mo mafokong.
3. Kopano ya medumo, go bitsa mafoko le popo ya mafoko.
4. Go ithuta foniki le medumo.
5. Go kwala medumo le mafoko.

Latela ditaelo tse di mo kaeding ya matseno!

Ditshwantshonyana tse di fa tlase di tobile go thusa morutabana le barutwana go tokafatsa tiriso e e mosola ya buka mo thutong e nngwe le e nngwe.

 Morutwana o a buisa a bo a tlhalosetsa barutwana.	 Barutwana ba tlhophla le go supa mafoko.	 Barutwana ba a kwala.
 Barutwana ba buisa mafoko ba bo ba boeletsa puiso morago ba arabe dipotso.	 Barutwana ba batla dilo kgotsa mafoko.	 Barutwana ba thala ditshwantsho le go di tshasa mebala.
 Barutwana ba dira tiro.	 Barutwana ba opa diatla fa ba ntse ba bala kgotsa ba dira morethetho.	 Barutwana ba tshwaya kgotsa ba baya letshwao mo karabong e ba e tlhophileng.

Matseno a a mmalwa e bile a le makhutshwane:

Thuto 1: Nku e e timetseng

Morutabana/Mothusi: O supa setshwantsho sa nku a bo a re, “Lefoko le la re, nku”. Lefoko le le na le modumo wa “ng”. Kopa barutwana go boeletsa modumo oo morago ga gago. Barutwana ba etsise modumo o nku e o dirang. Ba etsise gape mokgwa o nku e tsamayang ka ona. Botsa barutwana gore modisa o dira eng.

Tirwana: Buisa o bo o tlhalosetsa barutwana kgang. Letla barutwana go diragatsa kgang e. Tlhophla modisa go tswa mo barutwaneg. Tlhalosetsa barutwana botlhoko jwa go timelelwa ke sengwe se o se ratang. O ka nna wa dirisa sengwe se se motlhofo jaaka setlhako, beke ya sekolo kgotsa lebokoswana la go tsenya dijo tsa motshegare go supa gore go utlwala jang go timelelwa ke sengwe se se botlhokwa mo go wena. Barutwana ba tlhokomele gore lefoko “nku” le tlhagelela ga kae mo kgannyeng e e buisiwang.

Puo: Ruta ka dipaka tse di farologaneng (pakajaanong le pakapheti). Kgaoganya barutwana ka ditlhophla di le pedi, se sengwe e nne sa pakajaanong fa se sengwe e le sa pakapheti. Buisa dipolelo o bo o naya ditlhophla tšhono ya go boeletsa dipolelo morago ga gago.

Go buisa Beibele: Buisa kgang go tswa mo Beibeleng o bo o tlhalosa fa go tlhokega. Dirisa nako e go opela le go rapela le bona.

Go buisa le go kwala: Barutwana ba kwale mafoko mo moleng o o dirilweng ka dikhutlo. Ba ka nna ba dirisa dibuka tsa bona tsa thutiso fa e le gore phatla ya go kwalela e e mo bukeng ya tiro ga e a lekana. Pele ba kwalela mo dibukeng tsa bona a ba simolole ka go a kwala mo phefong kgotsa mo motlhabeng fa e le gore thuto e direlwa kwa ntle ga phaposi.

Tirwana: Ba rute pina e: “Baa baa black sheep”. O ka nna wa ba ruta pina e nngwe gape e e tsamaisanang le thuto e.

Thuto 2: Ledi le le latlhegileng

Morutabana/Mothusi: Supa lefoko le le mo teng ga lebokoso, “ledi”. Bua lefoko leo ka tsela e e nepagetseng ya go le bitsa o bo o letla barutwana go le boeletsa morago ga gago. Dira jalo gape ka lefoko “lobone”.

Go buisa kgang: Tokafatsa tsela ya bone ya go tshwantsha dilo mo tlhaloganyong ya bona. Opa diatla o ntse o bala go tloga ka 1 go fitlha ka 10. “Jaanong mosadi o itumetse”. Goreng a itumetse? Ba bontshe gore motho yo o itumetseng o lebeja jang. (Dirisa sefatlhego sa gago go bontsha kutlobotlhoko le boitumelo).

Puo: Gatelela pharologanyo magareng ga bongwe le bontsi. Sekao: ledi – madi.

Go tshasa mebala: Barutwana ba tshase mebala mo dithalong tse di mo pampiring.

Go buisa: Barutwana ba buise dipolelo tse di kwa tlase mo pampiring.

Go kwala: Barutwana ba feleletse tiro e ba ka tswang ba e simolotse.

Go buisa Beibele: Barutwana ba buise kgang e e maleba ya Beibele ba bo ba rapela.

Thuto 3: Modisa yo o molemo

Morutabana/Mothusi: Supa setshwantsho sa phiri o bo o kopa barutwana go go bolelela gore ba bona eng. Barutwana ba bue lefoko “phiri” morago ga gago. Ba bontshe setshwantsho sa heke. Bitsa lefoko heke o bo o ba kopa go le bua morago ga gago. O tshwanetse a bo o supile lefoko fa barutwana ba le bua.

Puo: Barutwana ba tshwanetse go buisana ka pakajaanong le pakatlang. Morutabana a fe barutwana dikao di tshwana le: Ke ja dijo. Ka moso ke tlaa ja dijo.

Go batla lefoko: Barutwana ba batla mafoko mo lenaanethalong.

Go buisa Beibele: Barutwana ba buisa kgang e e maleba ya Beibele ba bo ba rapela.

Go buisa: Barutwana ba a buisa ba bo ba feleletsa go kwala mafoko a a kwadilweng ka dikhutlo.

Tirwana: Barutwana ba diragatsa motshameko wa phiri.

Thuto 4: Morwa (sesinyi) yo o latlhegileng

Morutabana/Mothusi: Supa setshwantsho sa rre o bo o bua lefoko “rre”. Kopa barutwana go buisa lefoko morago ga gago. Supa setshwantsho sa morwa o bo o buisa lefoko “morwa”, a barutwana ba le buise morago ga gago. Kopa barutwana go bua medumo ya “r” le “m”. Kopa barutwana go go naya mafoko a a nang le medumo e. Buisa kgang o bo o kopa barutwana go e buisa morago ga gago. Ba diragatse motshameko o o ikaegileng ka kgang e. Netefatsa gore botlhe ba bona tshono ya go diragatsa.

Puo: Tlaleletsa mafoko a a tlhaelang.

Tirwana: Latela ditaelo.

Puiso: Buisa dipolelo.

Go kwala: Feleletsa mafoko a a kwadilweng ka dikhutlo.

Thuto 5: Ke ka thusa mang?

Morutabana/Mothusi: Supa sentshwantsho sa tonki o bo o kopa barutwana go go bolelela se ba se bonang. Ba bue lefoko “tonki” morago ga gago. Ba bitse modumo “t” morago ga gago. Ba bontshe setshwantsho sa moruti mme o ba kope ba go bolelele se ba se itseng ka tiro ya motho yoo. Buisa kgang.

Tirwana: Letla barutwana go diragatsa motshameko ka kgang. Ba tlhalosetse ka botlhokwa jwa boagisani jo bo siameng.

Puo: Barutwana ba tshwanetse go tlhophisa karabo e e nepagetseng ba bo ba e tshwaya. Ba kgaoganye

ka ditlhotšhwana o bo o ba kopa go araba dipotso. Netefatsa gore ditlhopho tsoatlhe di nna le palo e e lekanang ya dipotso.

Tirwana: Ba tlatse mafoko a a tlhaelang.

Puiso: Ba buise dipolelo.

Go kwala: Ba feleletse mafoko a a kwadilweng mo moleng o o dirilweng ka dikhutlo.

Thuto 6: Tiro e e boima/thata

Morutabana/Mothusi: Supa setshwantsho sa ledi o bo o ba letla go bua lefoko leo morago ga gago. Ba letle go buisana ka madi o bo o ba botsa dipotso. Tlhalosetsa barutwana lefoko “motlhanka”. Bua lefoko leo o bo o letla barutwana go le bua morago ga gago.

Puiso: Manega ditshwantsho le dipolelo tse di tsamaisanang le tsona o letle barutwana go buisa dipolelo. Itumelele tiro e ba e dirileng sentle ka go ba abela dinaledi.

Go buisa Beibele: Ba buisa kgang mo Beibeleng ba bo ba rapela.

Go kwala: Ba kwale mafoko a a kwadilweng mo moleng o o kwadilweng ka dikhutlo.

Puo: Ba tlaleletsa mafoko a a tlhaelang. Ba bapisa mafoko le dilekani tse di nyalanang le ona.

Ditsela tsa go tokafatsa puo:

- Barutwana ba dirisa menwana ya bona go kwala mo phefong le mo motlhabeng.
- Ba rulaganya dipolelo tsa bona ka tatelano.
- Dipotso: Botsa dipotso tse di nang le Kae? Leng? Goreng? Jang? Le Eng?
- Matshwao le bokao jwa ona: sekao sa sefapaano se sehibidu le bokao jwa sona. Se raya gore “nnyaya”. Morutabana a ka tlisa dikao tse dintsi tsa matshwao a, a buisane le barutwana ka ona a bo a tlhalose bokao jwa ona.
- Ditšhate tsa mafoko le tsa lebota.
- Go opa diatla le go bala medumo.
- Dikarata tsa puiso.
- Go thala.
- Go feleletsa medumo.
- Go bala: Barutwana ba bala dipolelo le mela ya kgang. Morutabana a botse dipotso di tshwana le, “Modumo wa ntlha le wa bofelo wa lefoko le ke eng?”
- Barutwana ba tlotle ka kgang e ba e buisitseng kana ba e utlwieng.
- Barutwana ba buisa mmogo le morutabana.
- Barutwana ba ela tlhoko tsela e e nepagetseng ya go bitsa mafoko.
- Barutwana ba rutiwa go dira ka ditlhopho.

Elatlhoko: Se ithaganelele go bona barutwana ba kgona go buisa e bile ba buisa ka thelelo. Nna pelotelele o lemoge kgato e ba leng mo go yona. Tlhome mogopolo mo go se ba kgonang go se dira ka nako nngwe le nngwe o bo o ba aga go tloga foo; o ba ruta dintlha tse dingwe fa ba ntse ba tswelletse. Bontsha go itumelela se ba kgonang go se dira. Seo se tlaa oketsa go itshepa ga bona le bokgoni jwa go ithuta le go feta.

Thuto 7: Go jala peo

Morutabana/Mothusi: Barutwana ba ithuta ka pakajaanong le pakapheti. Rotloetsa barutwa go bopa dipolelo tse ba di ithutileng ka dipaka tseno ka bobedi.

Barutwana ba bua ka kgang ya mojadi, dipeo le mafelo a a farologaneng mo peo e wetseng gona.

- Mo thoko ga tsela
- Mo mitlweng
- Mo majweng
- Mo mmung o o siameng

Tlhalosetsa barutwana thuto ya setshwantsho se.

Simolola dipuisano ka go jala:

- Lerato
- Kutlwebotlhoko
- Boikanyego

Netefatsa gore barutwana botlhe ba tsaya karolo mo dipuisanong tse. Ba rotloetse go itshimololela ditshingwana tsa bone tsa merogo kwa magaeng a bona. Ba tlhalosetse gore ba ka godisa le go tlhokomela jang ditshingwana tsa bona.

Thuto 8: Dithare tse di siameng di ungwa maungo a a siameng

Morutabana/Mothusi: Barutwana ba araba dipotso tse di boditsweng mo bukeng. O ka nna wa ba botsa dipotso tse dingwe tse di nyalanang le tseno le fa di se mo bukeng. Ba ka naya karabo ya “EE” kgotsa “NNYAYA”.

Dipuisano: Barutwana ba buisane ka setlhare se se neng se tloga se kgaolwa. Ba tlhalose lebaka la gore goreng setlhare seo se ne se tshwanetse go kgaolwa. Go botlhokwa go netefatsa gore barutwana botlhe ba bona tshono e e lekanang ya go bua.

Tirwana: Rotloetsa barutwana go thala setshwantsho sa setlhare, go tsenya dikala, matlhare le maungo. Ba akgole fa ba ntse ba go naya tiro ya bona.

Go kwala: Barutwana ba kwalolola mafoko a a kwadilweng mo moleng o o dirilweng ka dikhutlo.

Thuto 9: Go aga ntlo ya gago mo lefikeng

Morutabana/Mothusi: Barutwana ba dira tiro e e mo dibukeng tsa bona. O ka nna wa ba naya le dipolelo tse di seng mo dibukeng tsa bona. Ba rotloetse gore ba itirele dipolelo tsa bone. Ba bolelele kgang ka monna wa lesilo yo o agang ntlo ya gagwe mo motlhabeng.

Go bua: Ba buisane ka mefuta e e farologaneng ya matlo le tshireletsego ya ona.

- Dirantabole
- Mekhukhu
- Matlo a dikgong
- Ditente
- Matlo a ditena
- Matlo a bojang

Tirwana: Ba dirisa dibokoso tsa dithako, dikhatebokoso, sekgomaretsi, dikere le dilwana tse dingwe go dira tiro.

Go opela: Ba rute pina ka monna Mongwe yo o botlhale.

Go kwala: Ba feleletsa mafoko a a kwadilweng mo moleng o o dirilweng ka dikhutlo.

Thuto 10: Makgarebe a a lesome

Morutabana/Mothusi: Buisetsa barutwana kgang o bo o ba tlhalosetsa thuto e e fitlhelwang mo go yona. O ka nna wa tlhopha barutwana ba le lesome o bo o ba rotloetsa go diragatsa kgang ya Beibele e o fetsang go ba e buisetsa. Ba dirise dipampiri le dikhatebokose go dira dipone.

Tlhalosa mafoko a a fitlhelwang mo kgannyeng e. A ka tsenyeletsa mafoko a a latelang:

- Botlhale
- Boteng
- Moletlo wa lenyalo
- Go aketsa
- Monyadi

Tirwana: Rotloetsa barutwana go dira ditshupanako tsa letsogo ka dipampiri ba di tsenye megala.

Puo: Ba buisane ka mafoko a mašwa a ba ka tswang ba a fitlhelletse mo thutong e. Ba ka nna ba bua ka mafoko a mangwe a tlotlofoko le fa a sa fitlhelwe mo kgannyeng e.

Go bala: Ba dire tirwana ya go bala e e fitlhelwang mo dibukeng tsa bona.



O se ka wa ithaganelela go fetsa buka e. O tlaa tshwanelwa ke go nna pelotelele le barutwana ba gago fa o ka lemoga gore kgato e ba leng mo go yone le lebelo la bona la go tlhaloganya le bonya. Leka go dira go ya ka lebelo la bona. O se ka wa lebala go rotloetsa le go itumelela matsapa a bona le tema e ba e dirang, le fa e e ka nna nnye jang. Se lebale gore ba ithuta ka go tshameka le go rapela!